



# Weekly activities in Burneside

## SWAY WITH ME Led by Emily Davies

Seated Dance class aimed at ages 65+

Wednesdays 10:45-11:45am

St Oswald's Church Meeting Room

£5 per session (Pay As You Go)

### Benefits include...

\*Mobilising the joints \*Activating the muscles \*Stimulating the mind \*Socialising with others...in a positive and encouraging environment.

07933144007

emily.d1307@gmail.com

Facebook: emilymoves

Instagram/Twitter: @\_emilymoves



## WELCOME TO BURNESIDE CC

We are a friendly, sociable and inclusive village cricket club, nestled in the foothills of the Lake District fells. If you have any queries or would like to join, then please get in touch with us today and one of us will reply as soon as possible.

**BURNESIDE CRICKET CLUB** If you would like to join as a player or volunteer, please email the club or feel free to come along to a training session and speak to Ben Leacock or Mark Ward (Seniors, Tuesday evenings 6-8) or Ryan Airey (Juniors).

U9's & 11's practice on Thursday nights 6-7 & 7-8 respectively.

U13's practice on Monday nights 6-8.

U16's & 19's practice on Tuesday nights 6-8.

## The Fabulous Bryce Street Strummers

at The Bryce Institute, Burneside

The Friendly Community Ukulele Group in South Lakeland

...see us on Facebook

Letting you know that we are back looking for FUN each Monday 7.30pm at The Bryce.

For ukulele players of all abilities..... even complete beginners! Contact [burneside74@gmail.com](mailto:burneside74@gmail.com)



## BURNESIDE BOWLING CLUB

Open for social bowling on Tuesdays 1-1.30pm & Wednesdays 6-7pm.

Anyone interested can have a go or come along for a chat with members.

For more details contact Joey Bean on 01539728183 or 07525 121556



**SOCIAL TENNIS** sessions are held throughout the year on Monday and Thursday mornings from 9.30am and Saturday afternoons from 2.30pm.

From April to early September a further session is held on Wednesdays, starting at 6.30pm.

<https://clubspark.lta.org.uk/BurnesideTC> email: [info@burnesidetennisclub.org.uk](mailto:info@burnesidetennisclub.org.uk)

## BURNESIDE JUDO CLUB

\*Self discipline \*Self defence \*Self confidence \*Strength & fitness

Sunday mornings at the Bryce from 10:00 All ages are welcome from 5 upwards, the cost is £12 per month

For more details please contact Nick Elliott on 07887482240 [nelliott81@me.com](mailto:nelliott81@me.com)



St.Oswald's Church, Burneside & District

# ADVERTISING PAGES 2022

## BREWERIES

### Handsome Brewery

Bowston Bridge

Bowston

LA8 9HD

03448480888

Facebook: Handsome at Bowston Bridge



Manufacturers of award winning beers and craft lagers to the trade or available in bottles direct from the brewery.

## CLEANING SERVICES

### Lakes Carpet Cleaning

015394 34441

[www.lakescarpetcleaning.net](http://www.lakescarpetcleaning.net)



We offer a friendly, professional service at a competitive rate for

- Carpet cleaning
- Upholstery cleaning
- Onsite curtain cleaning
- Flood restoration

## ELECTRICIANS

### Bainbridge Electricals

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Kendal

LA9 6BW

01539 727040

Fax 01539 729030

[info@bainbridge-electrical.co.uk](mailto:info@bainbridge-electrical.co.uk)

[www.bainbridge-electrical.co.uk](http://www.bainbridge-electrical.co.uk)

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## FISH & CHIPS

### The Jolly Fryer

Karen & Dave

Burneside

LA9 6QT

01539 731052



### OPENING TIMES

	Lunch	Tea/Supper
Wed	11.30-1.15	4.30-7.00pm
Thurs	11.30-1.15	4.30-7.30pm
Fri	11.30-1.15	4.30-8.00pm
Sat	11.30-1.15	4.30-7.00pm

## GARAGES

### David Greenbank Tyres & Towing Ltd.

Vineyard Garage

Appleby Road

Kendal

LA9 6ES

01539 721585

[sales@davidgreenbank.co.uk](mailto:sales@davidgreenbank.co.uk)

[www.davidgreenbank.co.uk](http://www.davidgreenbank.co.uk)



We stock & fit tyres for car, van, 4x4, agricultural, garden tractor, cycle, quad bike, etc. We sell & fit most brands of towbars. We also fit brakes, exhausts & being a Knott-Avonride stockist we also service trailers.

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Kendal

LA9 7AD

01539 726913



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- Exhausts • Engine Diagnostics

## GOLF COURSES

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Kendal

LA9 6EB

01539 721097



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For advertising enquiries please contact

Liz Bingham 726550

e-mail [lizbingham@talktalk.net](mailto:lizbingham@talktalk.net)

## HAIR & BEAUTY

**Jayne's Beauty Bank**  
Jayme Yates-Bell  
07766810438



Find me on Facebook or Message me

**Hair Tours**  
Pam Reid  
07811926142



Unisex Mobile Hair Stylist

**Nichola Harrop**  
mobile hairdresser/wedding hair stylist.

Find me on Facebook@Nichola harrop  
hairdressing or phone 07864277807

## INNS

**The Jolly Anglers Inn**  
Burnside  
Kendal  
LA9 6QS  
01539 732552



Local village Inn with warm, friendly atmosphere.  
Variety of beers-some hand pulled.  
Bed and Breakfast- all rooms en-suite.  
Popular with walkers-on the Dales Way

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## PAINTERS & DECORATORS

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Interior & exterior painting inc. paint, wax & stain finishes,  
masonry textured & smooth and full woodwork protection.  
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## PET CARE

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## PLUMBING & HEATING

**Steve Armstrong**  
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Burnside  
LA9 6PR  
01539 724639



Plumbing and Heating · Tiling and Bathrooms

## BURNSIDE POST OFFICE

Found in the church side corridor

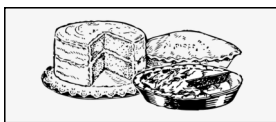
Mondays, Wednesdays & Fridays 9am-1.45pm  
(except Bank Holidays)



- Mail
- Bill payments
- Banking
- Motor Taxation

## SHOPS

**E & J G Seward**  
Bakers Shop  
Steeles Row  
Burnside  
LA9 6PY  
01539 722045



Bakers and Confectioners  
Outside Caterers  
There when you need us

**Burnside Convenience Store**  
01539 735287  
New Road  
Burnside  
LA9 6PX

### OPENING TIMES

Monday-Saturday 7am-8pm  
Sunday 7.30am- 7.30pm

General Groceries  
Off licence  
Papers  
Lottery  
Hermes Parcelshop

## SOCIAL CLUBS

**Burnside Cricket Club**  
Hollins Lane  
Burnside  
LA9 6QL



01539 729910

**Private Hire**  
01539 723404  
07957571147

## SOLICITORS

**Thomson Hayton Winkley**  
www.thwlegal.co.uk

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## TREE SURGEONS

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LA9 6QW



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Get in touch for free advice & quotes for all your tree work  
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## UNDERTAKERS

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www.hayesandparkinson.co.uk

## WINDOW & GUTTER CLEANING SERVICES

**SW Window & Gutter Cleaning Service**  
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Burnside  
LA9 6QQ  
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075023 16880  
Facebook: SW window and gutter cleaning services



Friendly, professional service at competitive rates.  
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Private homes and businesses.  
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## YOGA, HEALTH & WELLBEING

**Pilates, Ayurveda & Yoga**  
Rebecca Edwards  
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pilates-yoga-lakedistrict.co.uk  
pilates-yoga-lakedistrict@hotmail.com

